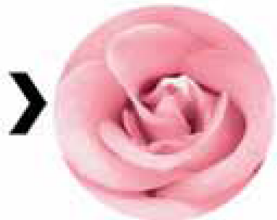


**HEART & Cardiovascular system**

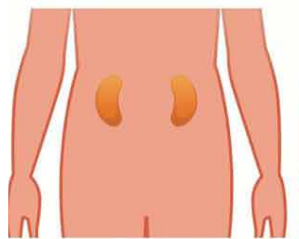
**Xin**  
sheen

**Xian**  
She...ong, drawn out

**Xing**  
sheen-g quietly



Joy, connection, sincerity  
-----transforming-----  
Hatred, indifference, greed



**KIDNEYS & Reproductive system**

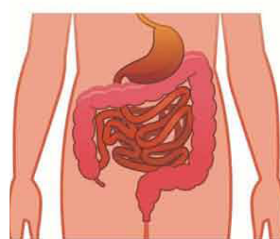
**Eh**  
quickly, sharply

**Eu**  
ee...you, drawn out

**Ying**  
y....ing, blend with Eu



Cautious, alert, willpower  
-----transforming-----  
Fear, shock, fright

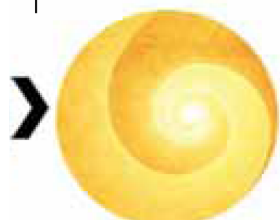


**PANCREAS & Digestive system**

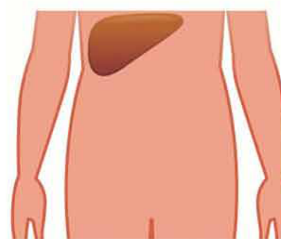
**Gang**  
gaa...ong

**Fu**  
foouuu

**Zhong**  
dz hoonngg



Thoughtfulness, open  
-----transforming-----  
Worry, arrogance, anxiety



**LIVER & Purification system**

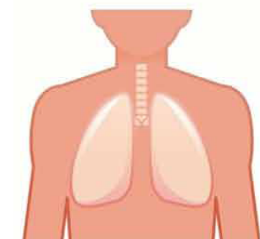
**Tu**  
like spitting out halfway

**Jiu**  
G-e-w

**Ling**  
rhymes with ring



Courage, positive anger  
-----transforming-----  
Frustration, rage, jealousy



**LUNGS & Respiratory system**

**Sang**  
saw ong, descending

**Si-si**  
SS-sss, out then in

**Song**  
so ong, ips pursed



Compassion, knowing  
-----transforming-----  
Overwhelming grief, lingering depression

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